



ALLEN AT A GLANCE

Everyone deserves their song. Everyone deserves a stage.

An arts-centered day program for adults with developmental disabilities. Real instruments, a recording studio, working Teaching Artists, and a Friday that happens out in the community.



The essentials

Service area	Sacramento and Yolo counties
Hours	Mon–Fri, 9:00–3:00 · Office 8:30–4:00 · Closed major holidays
Support ratios	1:2 · 1:3 · 1:6, set by each person’s needs
Who	Adults 18 with a diploma, or 22 and older, referred through ACRC, with an interest in the arts; able to take part safely in groups and community settings and follow basic safety directions
Studios	Singing, piano, guitar, percussion, songwriting, music production, recording studio lab, dance and movement (hip-hop, hula), hip-hop culture and history, performance, visual arts, wellness
Staff	Program Director, Program Supervisor, and Teaching Artists who are also DSPs. 40-hour specialized training plan, orientation in the first two weeks, ongoing training twice a year
Reporting	Daily notes, monthly internal review, semi-annual and annual reports, initial ISP

The week

Mon Music Foundations	Tue Play the Music	Wed Create the Music	Thu Bring It to Life	Fri Music in the Community + Music Passport
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What we aim for and measure

Within six months, measured from baseline against each person’s own IPP/ISP goals:

- **Voice:** communication and self-direction
- **People:** independence and social participation
- **City:** greater community participation

How it starts

1. Book a tour, or ask your service coordinator for a referral.
2. We screen within 5 business days of a complete referral.
3. ACRC authorizes services on its own timeline.
4. You start; your person-centered plan is written within 30 days.

Come hear it for yourself.

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Referrals through your ACRC service coordinator.



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