ALLEN
ACADEMY
OF THE ARTS

NOW ENROLLING · OPENING NOV 16

Everyone deserves their song *and a stage.*

An arts-centered day program in Sacramento for adults with developmental disabilities. Real instruments, a recording studio, working Teaching Artists, and Fridays out in the community.



Derek Allen, Founder & Program Director
Multi-Grammy Award-winning Bassist & Producer (Lionel Richie, Janet, TLC, Quincy Jones)

Alta California Regional Center

Referrals welcome through your Alta California Regional Center service coordinator.

Create. Connect. Grow.

MAKE SOMETHING REAL

Your interests. Your voice. Your creativity.



Music & recording
Write it, record it, mix it.



Dance & movement
Hip-hop, hula, every body.



Art, stage & wellness
Paint, perform, breathe.

Come hear it for yourself.

Book a tour, or ask your service coordinator for a referral.

(916) 464-9288 **hello@allenacademyarts.com**

Mon–Fri 9:00–3:00 · Legacy Center, 2324 L Street, Sacramento

Alta California Regional Center

allenacademyarts.com

ALLEN ACADEMY OF THE ARTS

FOR FAMILIES, COMMUNITY, & ACRC SERVICE COORDINATORS

Belong at Allen Academy

Alta California Regional Center

THE PROGRAM

A Week at Allen

MON — **Music Foundations**
Rhythm, voice, and the instrument basics.

TUE — **Play the Music**
Hands on piano, guitar, and percussion.

WED — **Create the Music**
Songwriting and the recording studio lab.

THU — **Bring It to Life**
Hip-hop dance, movement, and performance.

FRI — **Music in the Community**
Out in the city, then into the Music Passport.

Sample week. Every schedule is built around the person's own goals.

Who we welcome

- ✓ Adults 18 with a diploma, or 22 and up
- ✓ Referred through ACRC
- ✓ Living in Sacramento or Yolo County
- ✓ Drawn to music, dance, or art, at any level
- ✓ Able to take part safely in groups and community outings

SUPPORT RATIOS

1:2 · 1:3 · 1:6

Set by each person's needs.

WHAT CHANGES

Measured from a baseline against each person's own IPP/ISP goals

Your voice
Communication and self-direction

Your people
Independence and social participation

Your city
Greater community participation



Charmen Goehring, MEd, *Education & Family Partnerships, walks families through every step.*

HOW IT STARTS

1. Book a tour or ask your coordinator.
2. We screen within 2 business days of referral.
3. ACRC authorizes services.
4. Start. Your plan is set within 30 days.

Trained staff. A 40-hour plan, plus ongoing development.

Reports you can use. Daily notes; monthly, semi-annual, annual.

You're heard. Concerns answered within 5 business days.

Refer someone. Book a tour.

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Legacy Center, 2324 L Street, Sacramento, CA 95816
Program Mon–Fri 9:00–3:00 · Office 8:30–4:00

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Photos are illustrations of the program, not enrolled participants.